

Do I Have Sinusitis?

Sinusitis is inflammation of the lining membrane of any sinus. Take the following quiz to see if you have sinusitis.

Choose "yes" if you have any of the following symptoms for ten days or longer; otherwise, choose "no."

1. Facial pressure/pain?

yes no

2. Headache pain?

yes no

3. Congestion or stuffy nose?

yes no

4. Thick, yellow-green nasal discharge?

yes no

5. Low fever (99-100°)?

yes no

6. Bad breath?

yes no

7. Pain in the upper teeth?

yes no

If you answered "Yes" to three or more of the symptoms listed above, you may have a sinus infection resulting from allergies, bacteria, or a response to fungi. An examination by an ear, nose, and throat specialist may be warranted.

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